



All about your Gastroscopy

EasyRead version for people with disabilities

Gastroscopy Patient Information

A GASTROSCOPY is an examination of your upper gastrointestinal tract which is your oesophagus (the tube that carries food to your stomach), the stomach and the duodenum (the first part of the small bowel)

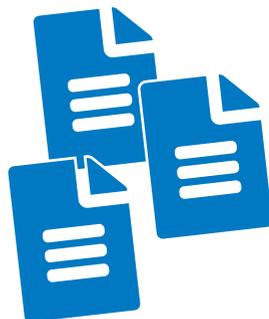
A flexible tube smaller than your little finger and called an ENDOSCOPE is passed through your nose down the oesophagus and into your tummy.

A trained nurse or doctor called an ENDOSCOPIST will carry out your examination.



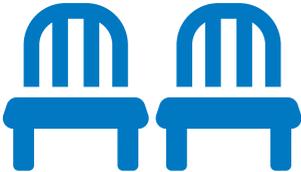
You need to bring these things to your appointment:

1. your consent form
2. your health questionnaire
3. a list of any medication you are taking



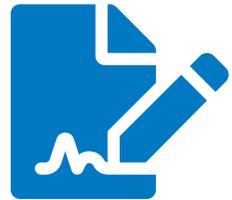
Here is what will happen when you arrive for your appointment

You will speak to the person on the reception desk.



You will sit in the waiting room until your appointment time.

The admissions nurse will explain your procedure to you and then you can both sign your consent form.



Don't forget to ask any questions.

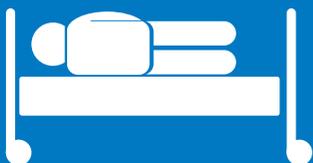
The nurse will take you to the preparation room where you will wait until it is time for your procedure. If you have someone with you they can wait with you here.

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Here is what will happen in the procedure room

The ENDOSCOPIST will talk to you about your symptoms and why you are having your examination.

The ENDOSCOPIST will spray your nostrils with a spray to numb them.



The nurse will put you on the trolley and you will lie on your left hand side.

You will have a probe on your finger so we can make sure your heart and oxygen levels are ok throughout the examination.

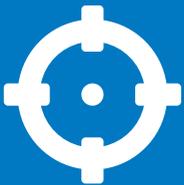


The ENDSOCOPIST will pass the ENDOSCOPE through your nose and down into your tummy.



The ENDOSCOPIST will then use the ENDOSCOPE to look at your stomach. It has a camera and a light at the end of it.

If we can't pass the tube through your nose we will pass it down through your mouth.



The ENDOSCOPIST may have to take a BIOPSY – a small sample of the tissue in your stomach. This will not be painful.

Your examination will only take 5-10 minutes.



Here is what happens after your procedure

The nurse will take you to the recovery room where you can rest.

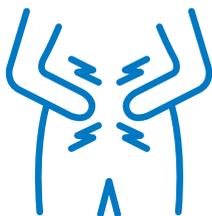


The ENDOSCOPIST will write up your report while you are resting.

The nurse will talk to you about how to look after yourself in the next hours and days after your examination.



The nurse will give your report to you/your carer
When you are feeling better you can go home.



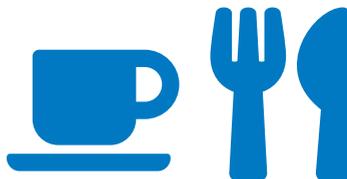
Your tummy might be bloated and you may have a sore nose or throat after your examination. This is normal.

If you have had sedation you **MUST** have someone to take you home and for 24 hours you **MUST NOT** drive, operate machinery or drink alcohol.



If you have had a BIOPSY you will receive the results in about 4 weeks.

You can eat and drink one hour after you have had your nasal spray.





InHealth | Beechwood Hall | Kingsmead Road
High Wycombe | Bucks | HP11 1JL

T: 01494 560000 | F: 01494 560056
info@inhealthgroup.com
www.inhealthgroup.com

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