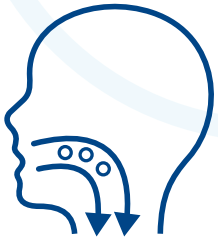
Upper procedure TNE & Oral

This spray will sting for 30 seconds and then go numb.

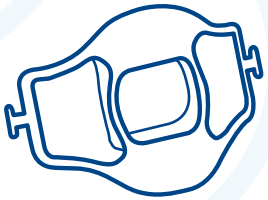
Don’t panic you can still breathe

Can you please lay on your left-hand side

Upper procedure TNE & Oral



Can you please swallow

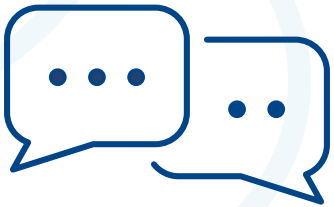


Oral – This is a mouth guard to protect your teeth and our scope. Open your mouth wide and rest your teeth on the guard

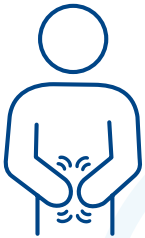
Oral – Raise your hand if you would like us to stop the procedure

Upper procedure TNE & Oral

TNE – You will feel pressure in your nose, but it should not be painful



TNE – You can still talk to us



You may feel bloated or sick, this is normal.

Upper procedure TNE & Oral

Are you coping?

Do you want us to stop?

TNE – Please do not blow your nose for at least 2 hours

Upper procedure TNE & Oral

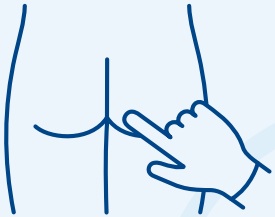
The test is completed we will transfer you to recovery.

You cannot eat and drink for 30 mins.

Lower procedure

Can you lay on your left-hand side please?

Can you bend your knees please?



The endoscopist will examine your bottom with their finger before starting and apply some cold gel.

Lower procedure

Can you lay on your right-hand side please?

Can you please lay on your back?

Can you please lay flat on your tummy, arms above your head?

Lower procedure

I need to put my hands on your abdomen, to support your bowel. Is this alright?

It is normal to get discomfort during the procedure.

Try passing some wind.

Take some deep breaths please.

Do you have any pain?

Lower procedure

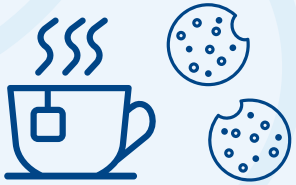
Do you require any gas & air?

How are you coping?

Do you want us to stop?

Lower procedure

There may be discomfort in your bottom for a few seconds. We need to turn the scope to complete the examination – try to relax.



The test is completed we will transfer you to recovery, where you will get a drink or biscuits.